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WELCOME UNIT

p. 8

VOCABULARY

Personal objects, family members, school subjects, the time, free-time activities (*play, do, go*)

1

MY ONLINE SELF

p. 15

► *Online I share moments, in real life I live them.*

Vocabulary

- Online content
- Online actions
- Collocations for being online

Grammar A+B

- Present Simple
- Present Continuous

Listening

A conversation about online habits

Pronunciation: /ɪŋ/

MEDIATION: Explaining new concepts

Reading

A blog post about your online and offline self

2

HEALTHY AND TASTY

p. 29

► *Healthy food, happy mood.*

- Food containers
- Utensils
- Cooking verbs
- Plural forms

- Quantifiers: *some, any, (too) much, (too) many, a little, a lot, and a few*

A conversation about favourite foods

Pronunciation: /s/, /z/, /ɪz/

MEDIATION: Making decisions in a group

An article about processed and ultraprocessed foods

3

HISTORY TODAY

p. 43

► *History is not only about the past.*

- Historical place, objects, people, and roles
- Measuring time
- Competition

- Past Simple
- Past Continuous

A talk about the history of the Paralympic Games

Pronunciation: /t/, /d/, /ɪd/

MEDIATION: Translating

Personal statements about objects

4

YOUR CAREER, YOUR CHOICE

p. 57

► *A job is what you do, not who you are.*

- Jobs and work
- Describing jobs
- Collocations about work
- Work/employment terms

- Comparatives
- Superlatives
- Definite, indefinite, and no articles

A quiz show about work

Pronunciation: Word stress in three-syllable words

Job ad posters

5

LIGHTS, CAMERA, ACTION

p. 71

► *Films are windows to different worlds.*

- Types of films
- Film vocabulary
- *look at, see, watch*
- Music genre

- Present Perfect with *yet, already, just, ever, and never*

An interview with a film sound supervisor

Pronunciation: /ʃ/, /tʃ/

A guide to filmmaking

MEDIATION: Explaining new concepts

6

HOLIDAY TIME

p. 85

► *Discover the world, discover yourself.*

- Airport and air travel
- Phrasal verbs
- Collocations about travelling

- *be going to* for plans and intentions
- Present Continuous for future arrangements

An interview with a travel vlogger

Pronunciation: Linking sounds in phrasal verbs

An article about holidays with a difference

MEDIATION: Summarising

7

GREEN TOMORROW

p. 99

► *Nature doesn't need us, we need nature.*

- Natural places
- Prepositions of place and distance
- Environmental actions
- Animals and nature

- *will* for predictions and decisions
- First Conditional

A panel discussion for a photo contest

Pronunciation: /dʒ/, /ʒ/

MEDIATION: Making decisions

An informative article about exotic pets

8

TAKING CARE OF YOUR HEALTH

p. 113

► *Where's the perfect place to live?*

- Health problems
- Remedies and medical items
- Collocations about health
- Parts of the body

- Modal verbs of advice, obligation, and necessity: *should/shouldn't, must/mustn't, have to/not have to*

A podcast on facts and myths about health

Pronunciation: Silent consonants

An article about laughter theory

Student Activities pp. 127 and 144

Grammar Time p. 128

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GRAMMAR

have got, prepositions of place, possessive 's, personal pronouns, possessive adjectives, Imperative, Present Simple and adverbs of frequency, can/can't, love/like/don't like/hate, Past Simple of to be



Speaking	Writing	Power Skills	Learning Situation	Key Competences	Links to SDGs
Discussing hobbies ► <i>What a great hobby!</i>	Comments on an online forum	Emotional intelligence: Identifying emotions ► <i>Put yourself in someone's shoes.</i>	Project: Create a campaign to educate people	CLC PC STEM DC SOCL2L CC CE	
Explaining ideas ► <i>What's so special about this vegetable?</i>	A review of a café	Planning: Prioritising ► <i>Learn to prioritise.</i>	Project: Create an informative poster about a world cuisine	CLC STEM DC SOCL2L CC CCAE	
Presenting a biography ► <i>First, she lived with her parents.</i>	A museum label	Integrity: Taking responsibility ► <i>Take responsibility for your mistakes</i>	Project: Create a museum exhibition	CLC PC STEM DC SOCL2L CC CE CCAE	
Giving opinions ► <i>I don't think there's life on other planets.</i>	An informal email	Monitoring: Keeping track of your progress ► <i>Monitoring your progress.</i>	Project: Create a job profile	CLC PC STEM DC SOCL2L CC CE CCAE	
Showing you care ► <i>Really, what happened?</i>	A film review	Leadership: Working collaboratively ► <i>Value other people's opinions</i>	Project: Create a film trailer	CLC PC DC SOCL2L CC CCAE	
Asking for and giving directions ► <i>Where am I?</i> MEDIATION: Resolving conflict	An invitation message	Self-management: Organisation ► <i>Be organised.</i>	Project: Design a class trip itinerary and a budget	CLC STEM DC SOCL2L CC CCAE	
Discussing different options ► <i>The time machine</i>	A formal email	Innovation: Taking different perspectives ► <i>Look at things differently.</i>	Project: Design a pollinator garden	CLC STEM DC SOCL2L CC	
Going to the doctor ► <i>I have a headache.</i>	Instant messages	Self-control: Regulation of behaviour to keep focused ► <i>Keep focus.</i>	Project: Design a public health infographic	CLC PC STEM DC SOCL2L CC	

Key Competences

CLC Competence in linguistic communication

PC Plurilingual competence

STEM Competence in science, technology, engineering and maths

DC Digital competence

SOCL2L Social and personal competence and learning to learn

CC Competence in citizenship

CE Competence in entrepreneurship

CCA Competence in cultural awareness and expression